

RARE DAILY *new york*

Seed's Healthy Fare, The Viceroy's New Menu, and More!

Thursday, January 22, 2009

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Welcome Mr. President.



Do you remember that resolution about eating healthier? Thankfully Chef Eric Lechasseur did. His airy new restaurant **Seed** offers up macrobiotic and vegetarian dishes like *Seitan Pepper Steak* and *Japanese Vegetable Curry* to keep up with your lofty goals.

Seed, 1604 Pacific Avenue (near Venice Way), (310) 396-1604, seedkitchen.com